## UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

### SCHEDULE 13G

# UNDER THE SECURITIES EXCHANGE ACT OF 1934 (AMENDMENT NO. \_\_\_)

#### OPTEX SYSTEMS HOLDINGS, INC.

(Name of Issuer)

### COMMON STOCK, \$.001 PAR VALUE

(Title of Class of Securities)

(CUSIP Number)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed: [X] Rule 13d-1(c)

\*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

(Continued on following page(s)

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CUSIP No.	13G	Page 2 of 4 Pages
1. NAMES OF REPORT	ING PERSON ENTIFICATION NO. OF ABOVE PERSON	
Arland Holdings Inc.	ENTIFICATION NO. OF ADOVE PERSON	
2. CHECK THE APPROPR	RIATE BOX IF A MEMBER OF A GROUP: (a) [_] (b) [_]	
3. SEC USE ONLY		
4. CITIZENSHIP OR PLA	ACE OF ORGANIZATION	
New York		
5. SOLE VOTING POWE Shares of Common Stock	R, NUMBER OF SHARES BENEFICIALLY OWNED BY EACH I	REPORTING PERSON – 11,148,935
6. SHARED VOTING PO	WER - None	
7. SOLE DISPOSITIVE P	OWER – 11,148,935 Shares of Common Stock	
8. SHARED DISPOSITIV	E POWER - None	
9. AGGREGATE AMOU	JNT BENEFICIALLY OWNED BY EACH REPORTING PERSON	·
11,148,935 Shares of Com	umon Stock	
10. CHECK BOX IF THE CERTAIN SHARES	E AGGREGATE AMOUNT IN ROW (9) EXCLUDES [ ]	
11. PERCENT OF CLAS	SS REPRESENTED BY AMOUNT IN ROW 9	
7.88%		
12. TYPE OF REPORTIN	NG PERSON	
СО		

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ITEM 1 (a) NAME OF ISSU	ER: Optex Systems Holdings, Inc.	
ITEM 1 (b) ADDRESS OF IS	SSUER'S PRINCIPAL EXECUTIVE OFFICES:	
1420 Presidential Dr	ive, Richardson, TX 75081	
ITEM 2 (a) NAME OF PERS	SON FILING: Arland Holdings Inc.	
ITEM 2 (b) ADDRESS OF P	RINCIPAL BUSINESS OFFICE OR, IF NONE, RESIDENCE:	
551 Fifth Avenue, S	uite 1601, New York, NY 10176	
ITEM 2 (c) CITIZENSHIP: N	Jew York	
ITEM 2 (d) TITLE OF CLAS	SS OF SECURITIES: Common Stock, \$.001 par value	
ITEM 2 (e) CUSIP NUMBER	R:	
ITEM 3 IF THIS STATEME 13D-2(B): Not applicab	NT IS FILED PURSUANT TO RULE 13D-1(B) OR le	
ITEM 4 OWNERSHIP		
(a) AMOUNT BENEFIC	CIALLY OWNED: 11,148,935 Shares of Common Stock	
(b) PERCENT OF CLA	SS: 7.88%	
(c) NUMBER OF SHAP	RES AS TO WHICH SUCH PERSON HAS:	
(i) SOLE POWER T	O VOTE OR DIRECT THE VOTE	
11,148,93	5 Shares of Common Stock	
(ii) SHARED POWE	R TO VOTE OR DIRECT THE VOTE	
0 Shares	3	
(iii) SOLE POWER T	O DISPOSE OR TO DIRECT THE DISPOSITION OF	
11,148,93	5 Shares of Common Stock	
(iv) SHARED POWE	R TO DISPOSE OR TO DIRECT THE DISPOSITION OF	
0 Shares	3	

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#### ITEM 5 OWNERSHIP OF FIVE PERCENT OR LESS OF A CLASS

Not applicable

### ITEM 6 OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON

Not applicable

# ITEM 7 IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY

Not applicable

## ITEM 8 IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF A GROUP

Not applicable

### ITEM 9 NOTICE OF DISSOLUTION OF GROUP

Not applicable

#### SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

May 12, 2009

(Date)

/s/ Arie Rabinowitz

(Signature)

Arie Rabinowitz, President (Name/Title)